# The Rx Abuse problem is predominately one of ACCESS & AWARENESS

 Over 50% of prescription drug abusers got them from family or friends, including the home medicine cabinet, and often without their knowledge.
 "2012 National Survey on Drug Use and Health," Substance Abuse and Mental Health Services Administration (2013)

#### Did You Know?!

Prescription drugs are the **most commonly** abused drug among 12 and 13-year-olds

Who abuse drugs. – "Results from the 2011 National Survey on Drug Use and Health," from the Substance Abuse and Mental Health Services Administration (September 2012)

Abuse of Rx drugs has become an increasing epidemic across Oregon. In the last 10-years, there has been a 450 percent increase in the number of deaths from prescription drug overdoses. Currently, there are more deaths per year from prescription drug overdoses than there are from automobile accidents. –Oregon Prescription Drug Abuse Task Force, Oregon Health Authority

## Safe Disposal

in

### Lincoln County



#### SPONSORED BY

- Newport, Lincoln City & Toledo Police Departments
- PAADA, Partnership Against Alcohol
   & Drug Abuse
- DEA, Drug Enforcement Administration
- APARC, Addiction Prevention & Recovery Committee
- Lincoln County Sheriff's Department
- Lincoln County Health & Human Services
- Drug Free Communities Grant

# Got Drugs?



## DISPOSE TODAY

Drug take-back programs are the best way to safely dispose of unwanted or expired medications.



www.PAADA.org

541-574-7890



## **MHA**\$

#### For the Children

Children are naturally curious, and it makes sense that they would be even more curious when it comes to medication. Many medications look like candy. More than 64,000 children are treated in emergency rooms each year because they got into medication while unsupervised. Drugs, over-the-counter medicines and supplements are involved in over 50% of unintentional child poisoning incidents. By safely removing pills from the home, parents, grandparents and caregivers can prevent accidental poisoning. [source: Safe Kids Worldwide, safekids.org]

#### For your Community

Rx abuse is a serious epidemic in our communities. Awareness of this growing problem is the first step in preventing Rx abuse. Informing parents, youth, friends and family about safe drug disposal helps prevent Rx abuse, raises awareness about the dangers of prescription drug abuse and guides a collective approach to preventing it in your community.

#### For our Environment

Disposing of unused medicines by flushing them down the toilet or throwing them in the trash pollutes! Many pharmaceuticals cannot be removed during water treatment, leading to traces of contamination in our watersheds, drinking water, marine waters, soils & sediments.

#### **Get Unwanted Meds**



#### FREE - SAFE - CONFIDENTIAL - EASY

Keeping unused, unwanted and expired medications in your home poses a risk to you, your family and the community!





- 1.) Gather all unwanted medication from the household.
- 2.) Black out contact information on bottle and/or pour meds into a ziplock bag (some box locations provide free ziplocks)
- 3.) Take meds to the nearest drop-box,
- 4.) Place items in collection box.
- 5.) No questions asked!

Since 2010,
local residents
have dropped off
over 1,700
pounds of
Rx medications
for safe disposal.
[Newport Police Department Rx
Drop box data, 2014]

#### What can I dispose of ?

- Prescription medications
- Medication samples
- Pet medication
- Over the counter medications
- Vitamins

TO HELP ENSURE YOUR PRIVACY
Black out contact information from medicine bottle
NO SYRINGES or LIQUIDS PLEASE

#### FAQ

- After your meds are dropped off for safe disposal, a police officer transports them to an environmentally safe incinerator.
- The U.S. Drug Enforcement Administration sponsors <u>National Prescription Drug Take-Back Day twice a year in the Spring & Fall.</u>
   There are 4 locations throughout Lincoln Country, and over 60 drop sites throughout Oregon.

# More information Contact PAADA

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